

The Eustache Institute to Offer Free Neurofeedback Therapy Sessions to Veterans

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Dr. Elena Eustache, founder of the Eustache Institute, will offer Neurofeedback Therapy sessions to United States veterans who suffer from *Post Traumatic Stress, Anxiety, Depression and Addiction*. Working in conjunction with several nonprofit organizations that specialize in veteran care, Dr. Eustache is hoping to make a positive difference in many veterans lives' and understands the magnitude of providing mental health services to those returning from war. The goal is to launch the veterans program in the United States by the end of the year.

"It's important to give back to those who have sacrificed so much for their country, putting their lives on the line every day and night, for the sole purpose of keeping us safe and free," said Dr. Eustache. "We are currently researching non-profits that specialize in veteran treatment and care and hope to partner up with several of them in the up and coming months. The veterans we treat will receive a referral from the non-profit organizations we ultimately partner with. Unfortunately, even though Neurofeedback therapy has been around for decades, not many people know about the alternative treatment or how effective it is for people suffering from neurological disorders. With that being said, I strongly believe this type of therapy is precisely what our veterans need in order to improve their quality of life."

Astonishingly, the Eustache Institute is in the process of expanding and launching several institutions around the globe, which include training and hiring additional staff of Neurofeedback therapy specialist to help assist them with their clientele and the many veterans they hope to accommodate for treatment.

About Neurofeedback Therapy

Neurofeedback, also called electroencephalogram (EEG), is a highly effective, non-invasive form of therapy with zero side effects that can help those with neurological issues. For example, as a person is treated for a neurological disorder, sensors are attached to their scalp so the patient and the specialist are able to monitor the brain waves through an EEG machine. Immediately, the specialist and the client are instantly provided with the information needed to detect the parts of the brain that aren't working properly or as efficiently in conjunction with the rest of the brain. Furthermore, the specialist is afforded the opportunity to zone in on the specific areas with focused "brain training" exercises, therefore helping the patient retrain their brain to create healthier brain patterns.

About Dr. Elena Eustache

Dr. Elena Eustache has a Ph.D. in Psychology and Cognitive Behavior Therapy and specializes in Neurofeedback Therapy, in addition to being a relationship expert- coach. Dr. Eustache is dedicated to helping her patients live the healthy and successful life they've always dreamed of and deserve.

About Eustache Institute

Eustache Institute, established in 2009, founded by Dr. Elena Eustache, specializes in treating neurological disorders such as, but not limited to, PTSD, Autism, Alzheimer's, Depression, Anxiety, Addiction and ALS, with Neurofeedback therapy, Hyperbolic Therapy and Cognitive Behavior Therapy. The Eustache Institute also offers relationship counseling. You can read more about the Eustache Institute by visiting www.EustacheInstitute.com.

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